



# HOLLY JAMIESON



**AGE:** 27

**PROVINCE:** ALBERTA

**SPORT:** 

**COMPETED IN :**

2015 – Junior World Curling Championships (Tallinn, Estonia)

2017 – World Deaf Curling Championship (Sochi, Russia)

**BRONZE MEDAL**

2018 – Canada Deaf Games (Winnipeg, Canada)

**GOLD MEDAL WITH TEAM ALBERTA**

2019 – Winter Deaflympics (Valchiavenna, Italy)

« The CDSA allows you to be immersed in a culture that celebrates sports, access to communication and pride in being Deaf or hard-of-hearing. They are very welcoming and do everything they can to support you and your dreams, in every way possible. »

Holly started curling at the age of 9 thanks to a local junior program and began competing at 11. Since then, she's been committed to achieving excellence and overcoming obstacles by proudly representing her country on the international stage.

**What is your best memory with the CDSA?**

Winning the Canada Deaf Games in 2018, which was our gateway to representing Team Canada for women's curling at the Deaflympics in Italy in 2019.

**What impact has the CDSA had on you?**

I've learned a lot about the importance of communication between team members and CDSA members. I've learned that you can never be too careful when choosing your words, especially since things can get lost in translation from one language to another and signs can be misinterpreted, even by native or near-fluent signers. That being said, I've established a lot of lasting friendships and connections thanks to the CDSA, with its athletes in different sports. It's been a very unifying and rewarding experience for me.

**For you, what's the main advantage of participating with the CDSA?**

The CDSA has provided a lot of financial support, which helps cover sports psychology, training and travel expenses.